

# Behavioral Health Services

for **Participating Government Entities**

Last updated: December 2021

Service	Eligibility	Cost	Must be enrolled in Presbyterian Insurance	Hours	Address	Website	For Appointment
<b>Employee Assistance Program</b>	<ul style="list-style-type: none"> <li>Professional counselors</li> <li>Employee counseling</li> <li>Crisis intervention</li> <li>Referral services</li> </ul> Confidential, private, covered by HIPAA.	No Cost	No	On Call 24/7 & by appointment	1240 Pennsylvania NE Suite C Albuquerque, NM 87110	<a href="http://www.solutionsbiz.com">www.solutionsbiz.com</a>	Entities Appointment 505-254-3555
<b>NM Crisis and Access Line</b>	A professional mental health crisis line. Masters level clinicians provide mental health services to all persons experiencing any kind of emotional crisis, mental health or substance use concern.	No Cost	No	24/7	Phone Hotline	<a href="http://www.nmcrisisline.com">www.nmcrisisline.com</a>	855-662-7474
<b>Presbyterian Talkspace</b>	Behavioral coaching app ages 18 and older. With Talkspace text therapy you can: <ul style="list-style-type: none"> <li>Engage with a therapist the same day that help is needed, not weeks later</li> <li>Get matched to a therapist based on your unique needs</li> <li>Develop a one-on-one relationship with the same therapist throughout your engagement</li> <li>Live a happier, healthier life</li> </ul>	No Cost	Yes	24/7	Remote application and desktop	<a href="http://www.talkspace.com/php">www.talkspace.com/php</a>	Download on the App Store or Google play
<b>Presbyterian Outpatient Behavioral Health Care</b>	<ul style="list-style-type: none"> <li>Individual and group therapy</li> <li>Medication evaluation</li> <li>Medication management</li> <li>Psychological testing</li> </ul>	Applicable Copayment	Yes	Hours vary based on provider	Presbyterian 8312 Kaseman Ct NE Albuquerque, NM 87110	<a href="http://www.phs.org/doctors-services/services-centers/behavioral-health">www.phs.org/doctors-services/services-centers/behavioral-health</a>	505-291-5300
<b>Presbyterian Inpatient Behavioral Health Services</b>	<ul style="list-style-type: none"> <li>Acute psychiatric stabilization</li> <li>Diagnostic evaluation</li> <li>Medication management</li> <li>Group therapy</li> <li>Psychosocial evaluation</li> <li>Family engagement</li> <li>Inpatient care for child, adolescent, adult and geriatric patients</li> </ul>	Applicable Copayment	Yes	M-F 6am-7pm, Weekends/ Holidays 3pm-5pm	Presbyterian Kaseman Hospital 8300 Constitution Blvd NE, Albuquerque NM 87110	<a href="http://www.phs.org/doctors-services/services-centers/behavioral-health">www.phs.org/doctors-services/services-centers/behavioral-health</a>	505-291-2560
<b>Wellness at Work resources</b>	<ul style="list-style-type: none"> <li>Online portal</li> <li>Create personalized health improvement plans</li> <li>Personal Health Assessment (PHA)</li> <li>Biometric screening results</li> <li>Workshops</li> <li>Articles and much more!</li> </ul>	No Cost	No	24/7	Desktop application	<a href="http://www.mypres.org">www.mypres.org</a>	Access through MyPres login
<b>On to Better Health</b>	<ul style="list-style-type: none"> <li>Online programming for common challenges, such as trouble sleeping, feeling down, feeling tense or anxious.</li> <li>Helpful tips and videos based on your interests and needs.</li> </ul>	No Cost	Yes	24/7	Series of applications available remote and desktop	<a href="http://www.ontobetterhealth.com/php">www.ontobetterhealth.com/php</a>	Download on the App Store or Google play